



ADHD Workshop for Parents

Wednesday 4th February at 1:15pm (until 3:00pm)
New Milton Infant School

We will be running an ADHD 'workshop' at New Milton Infant School for pupils, focusing on understanding attention, emotions, and strategies to support learning and wellbeing. We would like to offer parents and carers the opportunity to watch the ADHD FACE workshop as part of a supportive group.

This invitation is open to families who have a child with an ADHD diagnosis, who may be on the assessment pathway, or where there are questions or suspicions around neurodivergence.

The session is designed to be supportive, positive, and strengths-based, and attending may help you gain insight into:

- **How ADHD can present**
- **Strategies used to support focus, organisation, and emotional regulation**
- **Language and approaches that help children feel understood and confident**

There is no expectation or requirement for a formal diagnosis to attend. Our aim is simply to build shared understanding and strengthen the partnership between home and school. If you are interested in attending, please complete this form: <https://forms.gle/gbTuxjhGPDkCAbBbA>

We look forward to working together to support our children in the best way possible.

Mrs Pilley
NMIS Deputy and SENDCo

Mr Chappell
NMJS SENDCo