



Walhampton

Saturday 19th September

Join the fun with either a
timed individual or a
relay team triathlon!

Open to the community.

TRIATHLON

INDIVIDUAL TRI (Y5+)

SWIM - 8 LENGTHS

BIKE - 2KM

RUN - 1.4KM



[Click here for
more info!](#)



3 DISTANCE OPTIONS FOR TEAM TRIATHLON

MINI (Y2/3)

SWIM - 1 LENGTH

BIKE - 500M

RUN - 400M

SHORT (Y3+)

SWIM - 2 LENGTHS

BIKE - 1KM

RUN - 700M

LONG (Y5+)

SWIM - 4 LENGTHS

BIKE - 1.5KM

RUN - 1KM