



New Milton Junior School

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Hampshire
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18th June 2026

Dear Parent/Carer,

RSE (Relationships and Sex Education)

During the week beginning 29th June, we will begin our CPHSE and Science unit of work that involves the children looking at how they change physically, and how their emotions and attitudes change as they go through puberty. This unit of work recaps and builds on the learning previously covered in Year 5.

With all our Relationships and Sex Education (RSE) teaching, we like to emphasise the importance of families and loving relationships. All information we share and discuss is set in this context. We show the children that we all go through the same changes in our bodies as we grow and develop as a person.

The lessons will include:

- Learning the correct terminology for sexual body parts
- Discussion time on how they may feel about changes happening to them during puberty
- The difference in the changes for boys and girls, and how their feelings and emotions may alter
- The importance of hygiene as their bodies change
- Understanding the process of how babies are made
- Watching a video clip and producing a booklet to bring home to share, offering you an opportunity to discuss this topic with your child
- Opportunities to discuss thoughts raised by the video clips with members of staff

If you would like to view the video clip and work booklet prior to the children viewing it, you are invited to a viewing on Friday 26th June, at 3.40pm. Please indicate on the slip below if you would like to attend this meeting. If you are unable to make this meeting and would like to view the content, please contact the school office to arrange an alternative time.

We believe this unit of work is very important for the children; however, as a parent, you do have the right to withdraw your child from any of these lessons. If you have any concerns, please do not hesitate to contact your son or daughter's class teacher via the school office.

Yours sincerely,

Sarah Westwood

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Year 6 - Relationships and Sex Education (RSE) Resource Viewing

Name of child Class 6.....

I would like the opportunity to view the video clip and resources on Friday 26th June ☐

Signed (Parent/Carer) Date

